



20th March, 2020

COVID-19 information for tertiary students

New Zealand tertiary institutions, all government education agencies, and the Ministry of Social Development will do everything they can to assist you to continue studying during this uncertain time. We are not expecting widespread closures of education providers but we are ready to respond quickly to any changing circumstances if we need to.

If you're feeling unwell

Do not attend your courses and call Healthline 0800 358 5453 (or +64 9 358 5453 for international SIM cards). Healthline is available 24/7 and in 150 languages.

If you're feeling well

Please continue to attend your courses. Make sure you're looking after yourself, and practising good hygiene.

Questions about Student Allowance and Living Cost payments for domestic students

Answers to questions in relation to Student Allowance and Living Cost payments can be found on StudyLink's website <https://www.studylink.govt.nz/>.

More information

Talk to your education provider about your course, and any questions or concerns you have about being able to continue to study.

You can stay up to date with the latest Government information, including Ministry of Health advice on [covid19.govt.nz](https://www.covid19.govt.nz/).

You can stay up to date with the latest information from the Ministry of Education on <http://www.education.govt.nz/novel-coronavirus-2019-ncov-3/>

Stress counselling and support

Emergencies are usually unexpected, sudden and overwhelming. It's natural to feel emotionally and physically drained.

You're not alone in this and you don't need to cope on your own. Friends and family members not affected by the event can help you cope. You can get more help and information from:

- your education provider
- your GP or local community health centre

- Youthline [0800 376 633](tel:0800376633) (Link 19) www.youthline.co.nz (Link 20)
- [Need To Talk](#) (Link 22) by calling or texting [1737](tel:1737) (Link 23)
- In an emergency always call [111](tel:111) (Link 24).